

Sacrament of Confirmation Policy

St. Christopher Parish/Diocese of San Jose



Sacrament of Confirmation – High School

1. Student must be in grades 9th - 12th.
2. Parent provides copy of Baptismal Certificate and fills out registration form.
3. Student must have had prior catechesis (instruction) up through grade 6 or higher. Family must attend mass weekly.
4. Student completes 25 hours of service.
5. Student attends **one meeting with Parent(s)**.
6. Student must participate in Confirmation Evening of Reflection.
7. Student meets monthly with Confirmation Sponsor for Faith Sharing Sessions in person.

Requirements for Confirmation Sponsors:

- A. Confirmation Sponsors must be **Sixteen years old**.
- B. Must have been fully initiated into the Church. Meaning they have been Baptized, received their First Communion and are Confirmed.
- C. Lead a life that is in harmony with the faith and the role to be undertaken, is willing and able to participate in the Eucharist.
- D. Cannot be the father or mother of the candidate.
- E. **Must live close enough so the Sponsor and Candidate can meet face to face, in person, live, for their monthly sessions.**
- F. Attend retreat day if asked to do so.
- G. **PARENTS CANNOT BE SPONSORS OF THEIR OWN CHILD**